

# **The Grange School**

## **Physical Development Policy**

**March 2018**  
**To review March 2021**

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#### **The Grange School Vision**

The Grange School Vision is for every child to achieve their full potential. Everyone at The Grange School has the highest expectations for all the children. We are extremely proud of them and want them to achieve their very best in everything that they do. We want each and every child to have the best opportunities in life. We are always striving to improve what we do. We want our pupils to love coming to school and to be enthusiastic and successful learners.

#### **Physical Education**

At The Grange School we believe that Physical Education helps to develop the whole child and encourages them to adopt healthy lifestyles throughout their lives. We value and celebrate the contribution sport can make on developing the quality of life for our children. We recognise and celebrate all achievements to promote sport and physical activity across the school. Individual and team successes are celebrated in our Celebration assembly and the weekly newsletter. WE believe that every child has an entitlement to a broad, balanced and relevant physical education, with ample opportunities for the children to be competitive and achieve their best. It is essential that the physical education curriculum meet the needs of all of our children. We offer a wide range of opportunities for children to participate in both intra and inter school competitions.

We believe that from nursery through to year 6 all children should be able to participate in the highest quality learning in and through physical activity. We are committed to ensuring that every child reaches their full potential and that they have access to well planned and personalised lessons to ensure progression in skills, knowledge and understanding in each area of physical education.

#### **We aim to:**

- Engage with a wide variety of sports and develop positive attitudes towards healthy, fitness and hygiene
- Develop in all children the ability to engage fully with sport as both sportsman and young sports leaders
- Enable all of the children to share and celebrate their achievements in sport and to experience working independently and in teams in the pursuit of excellence
- Develop an understanding of the place of sport in society, in history and as a career pathway
- Increase participation in competitive sports both in school and the local community
- Provide a learning environment that is inclusive of all children

#### **We will:**

- Provide a high quality, broad, balanced and relevant curriculum
- Provide opportunities for deep learning in and through physical activity
- Provide opportunities for pupils to experience a wide range of sports

- Provide opportunities to develop imagination, self-esteem, confidence and independence through participation in PE
- Ensure that all staff have access to continual professional development that keeps them up to date with developments in PE
- Ensure all children are given the opportunity to take part in competitive sports
- Ensure that every child has the opportunity to share their achievements with others
- Provide a wide range of extra-curricular activity in sport with opportunities for all children to participate
- Provide the highest quality of resources for arts

### **Monitoring and Evaluation**

We monitor and evaluate the quality of our arts education against our stated aims and objectives. The process of monitoring and evaluation includes:

- Analysis of data
- Self-Evaluation by all subject leaders
- Identification of strengths/areas for development linked to the whole school improvement plan
- Pupil progress meetings
- Annual curriculum review
- Identifying and sharing good practice
- Focused learning walks
- Governor feedback and scrutiny
- Subject reviews as part of the strategy group monitoring and evaluation schedule
- Regular discussions and interviews with children, families, teachers and learning mentors

### **Staffing**

PE is taught by class teachers throughout the school. Children in years 4, 5 and 6 receive swimming lessons from qualified swimming instructors at a local leisure centre.

### **Planning and Assessment**

Teachers plan challenging lessons, identifying children targeted for intervention and extension activities. Teachers support children in identifying and understanding how they can improve their skills in PE through effective AFL. Subject leaders support teachers in developing assessment materials in the arts subject areas.

### **Curriculum Provision**

Our curriculum reflects the importance we place on physical development at The Grange. We provide a broad, balanced and varied curriculum that allows for children to experience a wide

variety of sports in which to develop their skills. The long term planning defines what pupils will learn (knowledge, skills and understanding) to ensure continuity and progression. Planning is flexible to seize on the children's own interests or to accommodate particular events that may occur. Subject leaders monitor planning and are always available to plan with staff.

### **CPD**

Staff have opportunities to attend training courses provided by the local authority where needs are identified. Our School Improvement Plan outlines key priorities which form the basis of performance management for all staff. We review and monitor the impact of CPD on teaching and learning through lesson observation, learning walks, planning scrutiny, performance management, curriculum review, team teaching, sharing good practice.

### **Equal Opportunities and Special Educational Needs**

We provide opportunities in sport for all our children, regardless of gender, race, disability or ability. Planning is differentiated to support less able and is challenging for more able. A wide range of resources are available to ensure all pupils can participate in physical activity.

### **Extra Curricular Activities**

We offer a range of sports clubs, which are available to all pupils. Clubs include: netball, football, rugby, golf, kwik cricket, tennis, athletics, Multi Skills and Football Fitness, a variety of dance clubs, Hotshots (basketball) and gymnastics. We are keen to participate in a wide range of inter sport competitions with local schools.

### **Facilities and Resources**

As a primary school we have access to an indoor gymnasium, outdoor adventurous activity areas, three playgrounds and a field. As well as superb facilities in which to teach, the school also has well resourced PE stores both inside and outside, its own portable football and netball goals, portable and fixed gymnastics equipment as well as many mats and benches. Equipment is checked regularly and stock replenished as often as budget allows. Teachers have access to equipment and literature, via the coordinator.

### **Health and Safety**

All staff and children are trained how to set up and put away equipment safely. In the event of an emergency, phones are within a short distance of all PE lesson locations, every class teacher has an 'emergency' card and first aid boxes are available in individual year groups and the main office. Children and staff are expected to wear appropriate clothing to participate in sporting activity.

Jewellery must not be worn and long hair must be tied back. Fixed equipment is checked annually.