



## Guide to self-testing

1. Staff in primary schools will continue to test with LFDs twice a week at home, as per existing guidance on testing for staff in primary schools and nurseries.
2. Primary age pupils will not be tested with LFDs.
3. Adults in the household of any school pupil or school staff member can now request self-testing kits.
4. Adults in a support bubble with a household containing school pupils or school staff can now request self-testing kits.
5. Adults in a childcare bubble with any household containing school pupils or school staff can now request self testing kits.
6. You can obtain kits:
  - through your employer if they offer testing to employees
  - at a local test site
  - by collecting a home test kit from a test site
  - by ordering a home test kit online
7. Visit

<https://www.gov.uk/guidance/rapid-lateral-flow-testing-for-households-and-bubbles-of-school-pupils-and-staff> to find out more and order test kits.