

The Grange School PE and Sports Premium Plan 2018-2019

This plan is subject to confirmed funding of the Enhanced PE & Sport Premium.

PE and sport are a vital part of life at The Grange School. We firmly believe that physical education and sporting competition is an integral contributor to a child's development and well-being, embedding within them values such as fairness and respect.

A broad and balanced PE curriculum is intended to increase pupils' self-confidence in their ability to manage themselves and their bodies within a variety of movement situations. At The Grange School, pupils experience a range of physical activity areas including: dance, games, gymnastics, swimming & water safety, athletics and outdoor & adventurous activities. Progressive learning opportunities, combined with varied teaching approaches, endeavour to provide stimulating, enjoyable and appropriately challenging learning experiences for all pupils. Through the selection of suitably differentiated and logically developed tasks, pupils, irrespective of ability, enjoy success and are motivated to further develop their potential. Pupils are given the opportunity to make a positive contribution to their learning.

A balance of individual, paired and group activities, involving cooperative, collaborative and competitive situations, aims to cater for the preferences, strengths and needs of every pupil. Such activities aim to promote a broad base of knowledge, skills and understanding. In addition, these activities develop a pupil's ability to work independently, and to respond appropriately and sympathetically to others, irrespective of their age, gender, culture or ethnic background.

The activities that pupils are taught and the teaching approaches adopted seek to provide pupils with opportunities to develop their creative and expressive abilities, through improvisation and problem solving. Pupils are encouraged to appreciate the importance of

a healthy and fit body, and begin to understand those factors that affect health and fitness. They make decisions to attend extra-curricular activities in and out of school to develop their own fitness and physical literacy.

Our Aims

- To develop skilful use of the body, the ability to remember, repeat and refine actions and to perform them with increasing control, coordination and physical fluency.
- To develop an increasing ability to make and apply decisions and selecting, linking and applying skills, as well as tactics and compositional ideas.
- To improve observational skills and to use their observations and judgments to improve their own performance and that of others.
- To develop the ability to work independently, and to communicate effectively with others whilst making a positive contribution to their own and others' learning.
- To develop physical and mental capacity through challenge and application.
- To provide opportunities for pupils to become physically confident in a way that supports their health and fitness.
- To develop an understanding of the effects of exercise on the body.
- To help develop an awareness of how to lead healthy and active lives.
- To promote an understanding of safe practice, and develop a sense of responsibility towards their own and others' safety and well-being.

- To promote leadership skills in all pupils.

Physical Education and Sports Premium For the academic year of 2018/19 the school has been allocated £20,000 and our school has decided to use the premium in this way:

| Provision | Cost | Impact | Evaluation |
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| Curriculum time coaching, Sept 2018 - July 2019 | £8520 | <p>Staff expertise in the teaching of PE increased.</p> <p>Enhanced, inclusive curriculum.</p> <p>Quality of PE teaching improved.</p> <p>Wider range of activities offered within the curriculum.</p> | |
| South Northants & Daventry Sports Partnership | £1,150 | <p>Range of specialist advice, training accessed.</p> <p>Facilitates a wide range of competitive sport opportunities.</p> <p>Increased pupil participation in competitive sport.</p> <p>Increased school/community links.</p> | |

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| Equipment | £1000 | To provide appropriate resources needed for high-quality teaching & learning. | |
| Transport for swimming and school tournaments September 2018 - July 2019 | £2475 | The minibus enables us to attend more competitions across the county (some in Roade / Northampton etc) without having to rely on staff / parents. | |
| Facilitated swimming lessons for optimum number of pupils (KS2). Swimming opportunity for Yr 4-6 | Hire of pool / instructors £3500 | Y4 and Y5 to have 7 weeks of swimming each. 4 weeks spent at the end to give non-swimmers and / or PP children extra sessions. Y6 to have 7 weeks of drowning prevention and extra sessions for children who cannot swim 25m. | |
| Increased range of extra-curricular sport on offer | See specific clubs (hockey / rugby / cricket) | More physical activities aimed at promoting physical activity and a healthy lifestyle in pupils. A wider range of clubs available means more children can develop a passion for sport and want to continue each year. | |

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| <p>Andy Hill cricket</p> | <p>£900</p> <p>Taster day for all year groups (1-6) 1 x 4.5 hour day and one morning @ discounted rate = £150 1 x weekly afternoon to work with children - (Summer term 1 and 2) 6 x 1.5 hour tutor sessions @ £50 (discounted rate) = £300 - 2 x 1.5 hour school team coaching and 1 x girls cricket school team coaching @ £50 (discounted rate) = £150 3 x 3 hour intra-school competitions @ £100 (discounted rate) = £300 Cricket club (paid club by the children) School to pay £900 for Summer term cricket taster day / coaching / competition</p> | <p>Wider range of activities offered within the curriculum.</p> <p>CPD for teachers - teaching and coaching of cricket.</p> <p>Intra-school tournament - healthy competition.</p> <p>Evidence for Gold Sportsmark award.</p> | |
| <p>Linda Sherry - Sports Crew / Young Leaders</p> | <p>£1040</p> <p>1 x weekly 1:30 - 4:30 3 hrs @ £40ph = £120 - Hockey Club (Chd pay £2 - 20 chd paid in advance = £40 club pays for itself) School to pay £80 a week for 13 weeks (Y5 and 6 young leaders)</p> | <p>Wider range of activities offered within the curriculum.</p> <p>Y5 and Y6 children to gain leadership skills.</p> <p>Other year groups will have a more active playtime and enjoy the activities the sports crew offer.</p> <p>Allows children to take part in weekly/monthly competitive challenges. (Personal challenge linked to Gold Sportsmark)</p> | |

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| <p>Paul @ Daventry Rugby club</p> | <p>Total - £412.50</p> <p>1 x weekly afternoon to work with Y5 in Autumn term (3/10 - 14/11) 6 week programme @ £37.50 for 1.5 hours = £225</p> <p>1 x weekly afternoon to work with Y4 in Summer term 5 week programme @ £37.50 for 1.5 hours = £187.50</p> <p>2 x weekly Rugby after school clubs (paid by chd)</p> <ul style="list-style-type: none"> - Rugby club Y1-3 (£2.50 per child - 20chd = £50) - Rugby club Y4-6 (£2.50 per child - 20chd = £50) | <p>Wider range of activities offered within the curriculum.</p> <p>Club links with the local community - Gold Games Mark</p> <p>CPD for staff - upskilling and improving subject knowledge in areas of the curriculum.</p> | |
| <p>Staff training</p> | <p>£400</p> | <p>Staff expertise in the teaching of PE increased.</p> <p>Quality of PE teaching improved.</p> <p>Wider range of activities offered within the curriculum.</p> | |
| <p>New sports kits for school teams (inc hoodies)</p> | <p>£500</p> | <p>Children to have the feeling of being part of the team.</p> | |
| <p>The Daily Mile (Children fit for life)</p> | <p>£0</p> | <p>Physically active children and young people perform better academically than inactive peers.</p> | |

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| | | <p>An active lifestyle can improve readiness to learn, concentration and behaviour - which leads to better attainment.</p> <p>Children's confidence, resilience, stamina and determination will improve.</p> | |
| The PE Hub - PE planning | £546 | <p>From a recent survey ½ of teachers felt that their subject knowledge was 'average'. This planning scheme will upskill teachers and improve subject knowledge in different areas of the curriculum.</p> | |

Total - £20,443.50