

The Grange School

Child-Friendly Anti-Bullying Policy

At The Grange School, we do NOT tolerate bullying.

If someone behaves in a way which makes you unhappy:

DO:

- Ask them to STOP if you can
- Use eye contact and tell them to go away
- Ignore them
- Walk away
- Use the classroom Butterfly Box if you are too scared to speak openly about it
- Talk to a friend
- TELL SOMEONE



DON'T:

- Do what they say
- Get angry or look upset
- Get into an argument
- Hit them
- Think it's your fault
- Hide it

What should I do if I see someone else is being bullied?

- Tell an adult straight away.
- Don't try and get involved – you might end up getting hurt or you could end up in trouble yourself.
- Don't stay silent or the bullying could keep happening

The Head, the Governors and the staff will work together to:

- Make our school a place where everyone can feel safe and happy. That means no bullying allowed.
- We will help everyone to get on with each other and we believe that everyone has the right to be who they are.



What is Bullying?

A bully is someone who hurts someone else by using behaviour which is meant to hurt, frighten or upset another person. This behaviour is repeated frequently - over and over again. A bully will target the same child repeatedly.



Bullying can be.....

Emotional: Hurting people's feelings, leaving you out.

Physical: Punching, kicking, spitting hitting, pushing.

Verbal: Being teased, name calling.

Cyber: saying unkind things by text, email and online.

Racist: calling you names because of the colour of your skin.

When is it bullying?



We promise to always take bullying seriously and treat you with respect.

Who can I tell?

A Friend

Parents/Carers

Teachers

Peer Mentors

Lunch time Staff

Any Other Adult



MOST IMPORTANTLY:

If you think you might be being bullied:

**Start
Telling
Other
People**

