



## The Grange School, Daventry



### COVID UPDATE

With the recent removal of Plan B restrictions in England, we have received updated guidance for procedures in school and will be making some very welcome changes!

Please see the rest of this newsletter for more information.

DREAM

BELIEVE

ACHIEVE

### Whole School Break & Lunch Times

We are delighted to be able to reintroduce freedom of movement around the school grounds at break time and lunchtime. We know the children will also be delighted, as they really miss this interaction with children from other year groups.

*'We no longer recommend that it is necessary to keep children in consistent groups ('bubbles'). This means that 'bubbles' will not need to be used in schools. As well as enabling flexibility in curriculum delivery, this means that assemblies can resume and you no longer need to make alternative arrangements to avoid mixing at lunch.'* (DFE Jan 2022)

### Face Coverings

Face coverings are no longer required on site and will not be worn.

*'From 20 January, face coverings are no longer advised for pupils, staff and visitors in classrooms. From 27 January, face coverings are no longer advised for pupils, staff and visitors in communal areas.'* (DFE Jan 2022)

*We reserve the right to ask you to wear a face covering if you are in an enclosed space with us for a long period of time, but these occasions are rare.*



## Close Contacts - Test and Trace

We will continue to send you 'Warn & Inform' letters when we are notified of confirmed cases of COVID.

Please be aware that we are not often notified by Test & Trace and so you often know before we do. Please don't get cross if you know about a case in your child's class and we haven't informed you. We send our letters out as soon as we are able to.

*'Close contacts in schools are now identified by NHS Test and Trace and education settings will no longer be expected to undertake contact tracing.'*  
(DFE Jan 2022)

The infographic is titled 'Covid-19 Testing' and is set against a blue background. It compares two types of COVID-19 tests: PCR tests and rapid lateral flow tests. On the left, under 'With symptoms', it details PCR tests, which are processed in labs and take up to 3 days. On the right, under 'Without symptoms', it details rapid lateral flow tests, which are processed by the test device and take around 30 minutes. Both sections include 'When to take the test' and 'Get a test' information. The NHS Test and Trace logo is in the top right, and the HM Government logo is in the top left. A central image shows a PCR test tube and a rapid lateral flow test strip. A call to action at the bottom says 'Find out more at GOV.UK or call 119'.

HM Government

NHS Test and Trace

### Covid-19 Testing

#### With symptoms

**PCR** tests

**When to take the test**

- If you have Covid-19 symptoms
- To confirm your positive lateral flow test result

**How long it takes**

- These tests are processed in labs
- Up to 3 days, most results the next day

**Get a test**

- At home
- At a test site

#### Without symptoms

**'rapid lateral flow'** tests

**When to take the test**

- If you do not have symptoms of Covid-19
- As part of routine testing twice a week

**How long it takes**

- Result processed by test device
- Around 30 minutes

**Get a test**

- At home
- At your secondary school
- At a test site
- At your university
- At work
- Collect from a pharmacy
- At your nursery
- Order online

Find out more at GOV.UK or call 119

### What to do when...

If you are certain that you have been in close contact with a confirmed case:

Adults who are fully vaccinated and all children and young people aged between 5 and 18 years and 6 months identified as a contact of someone with COVID-19 are strongly advised to take a LFD test every day for 7 days and continue to attend their setting as normal, unless they have a positive test result.

If your child has symptoms of COVID19:

- . a high temperature
- . a new continuous cough
- . a change in taste or smell

Stay at home.

Book a PCR test.

### Guidance on self-isolation

<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>