

Reception- **Photocopied work packs can be requested and collected from the office**

Session		
After breakfast	Morning Exercise	Family walk, yoga - cosmic , Go Noodle , Joe Wicks , Super Movers , Disney Workouts
10.00-10.30	Daily phonics lesson	Letters and Sounds for home and school
10.30-11.30	Creative time	Draw a picture Do some baking Paint a picture
11.30-12.00	Reading time	Either read a story together, play a game on phonics play or watch/listen to a story on youtube. Story Time - Stories for kids - CBeebies www.phonicsplay.co.uk
12.00-1.00	Lunchtime	
1.00-1.30	Maths	Either play DoodleMaths KS1 & KS2 Maths: Personal Work Programme For Children Access Oak Academy Maths lessons https://www.thenational.academy/online-classroom/reception/#schedule Or complete one of the Maths activities on the school website Home Learning page
2.00-4.00	Do something adventurous	Play in the garden Build a den Go for a walk
Before dinner	Quiet time	Play a board game Complete a jigsaw Do some colouring
Dinner time		

